Hydroxychloroquine Dosing Chart

Use the table below to determine the recommended dosing regimen for hydroxychloroquine with examples of how this could be prescribed.

NB: Dosing regiment based on 5mg/kg of hydroxychloroquine as per 2016 AAO guidelines.

Weight	Equivalent Daily Dose	Example Dosing Regimens
80 kg or more (175 lbs or more)	400 mg	200mg BID x 7 days
70 – 79 kg (154 – 174 lbs)	342 mg	200mg BID x 6 days
65 – 69 kg (143 – 153 lbs)	315 mg	200mg and 400mg alternating days
55 – 64 kg (121 – 142 lbs)	285 mg	200 mg BID x 5 days
50 – 54 kg (110 – 120 lbs)	257 mg	200mg daily x 5 days and 400mg daily x 2 days
49 kg or less (109 lbs or less)	200 mg	200 mg daily x 7 days

Source article: Koppikar S, Gottheil S, Farrer C, Gakhal N. Improving hydroxychloroquine dosing and toxicity screening at a tertiary care ambulatory center: a quality improvement initiative. J Rheumatol. 2021;48(1):138-144.